

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6

We will begin gathering for small groups (Prayer Meeting, Young Adults, Mandarin) in-person starting September 14, 2020, while following Toronto Public Health's COVID-19 Guidance for Places of Worship. LBBC has had a long reputation for being a warm and friendly church and we recognize that these guidelines will affect our behaviour. But remember that the guidelines are in place for your safety and the safety of all gathering, and must be followed to remain open for services. Please read through this plan for opening carefully and continue to pray for our church family and our church leaders.

Meeting under restrictions due to COVID-19, we will observe the following precautions:

- Pre-registration (including a health screening) is mandatory as space is limited due to social distancing requirements. Registration information will be held in confidence for up to 30 days in case contact tracing needs to be performed by Toronto Public Health.
- Everyone entering the Church will have to check-in, perform a self-assessment, have a temperature check, and confirm they will follow the guidelines as presented in this document.
- Do **NOT** attend the service if having any symptoms of a cold, flu, or COVID-19, or think that you have been exposed to someone with COVID-19, or are caring for someone else who has COVID-19, or have travelled outside of Canada in the last 14 days.
- **Face masks are mandatory and must be worn properly** (*see the link at bottom of this document to Toronto Public Health's YouTube video on the Proper Use of a Cloth Face Mask*). You will be turned away without one. As per Toronto Health communication, face shields are not a substitute for a mask but may be used in conjunction with a mask. Physical distancing is still required even when using a mask.
- Everyone will be required to sanitize their hands at check-in (hand sanitizer will be available).
- Absolutely no shaking hands, hugging, or coming within 6 feet of each other. We do encourage people to greet each other with a wave.
- Entrance and exit will be bi-directional through the same doors, hallway, and stairwell due to the lower number attending and to limit the areas that need to be sanitized after the meeting. Please go directly to the meeting room.
- The men's and women's washroom closest to the meeting room will be open for use.
- The kitchen is currently closed and restricted from entry.
- High touch surfaces in the areas of the church that are used for the meeting (including the lobby, hallway, and stairwell) must be sanitized immediately following the meeting using the disinfectant sprays provided.

GUIDELINE FOR ATTENDING A SMALL GROUP MEETING

Pre-Registration

Before registering, perform a self-assessment by:

- answering the following questions, or;
- using the Government of Ontario self-assessment questionnaire in the link at the bottom of this document:

1. Are you currently experiencing any of the following symptoms?
 - Fever
 - Cough
 - Difficulty Breathing
 - Sore throat, trouble swallowing
 - Runny nose
 - Loss of taste or smell
 - Not feeling well
 - Nausea, Vomiting, Diarrhea

2. Have you been in contact with someone who has a confirmed case of COVID-19 in the past 14 days without wearing appropriate PPE?
3. Have you returned from travel outside of Canada within the last 14 days?

If you answered 'YES' to any of these, stay home and self isolate right away. Call Telehealth or your healthcare provider to find out if you need a test. **Do not continue with registration.**

If you did not answer 'YES' to any of the questions, proceed to the registration instructions below.

Prayer Meeting

- Call (416-251-1525) or email the office. You will need to provide your name and phone number and confirm that you have completed the self-assessment. There is limited seating and registration will close on Monday evening to allow the office to prepare an attendance log.

Young Adults Meeting

- Contact Immanuel Archer to register. You will need to provide your name and phone number and confirm that you have completed a self-assessment. There is limited seating and registration will close on Wednesday evening to allow the office to prepare an attendance log.

Mandarin Meeting

- Contact Ben Chan to register. You will need to provide your name and phone number and confirm that you have completed the self-assessment. There is limited seating and registration will close on Thursday evening to allow the office to prepare an attendance log.

Entering the Church Building

- Due to the lower number in attendance, you may enter the building and head directly to the meeting room. As much as possible, do not touch anything along the way. Do not visit other areas of the church. Only use the washrooms closest to the meeting room (ie. in the 2nd Floor hallway).
- The elevator is available, but due to its size, only one person (or two from the same "Social Pod") can use it at a time. If you need assistance, speak to the greeter at the door.
- Please use the hand sanitizer at the registration table outside the meeting room. You will be asked the self-assessment questions, have your temperature taken (with a non-contact thermometer), and need to confirm your information on the attendance. Please keep 2m or 6' social distancing between yourself and any others waiting to register.
- Upon approval, you may enter the meeting room and find a seat. Please go directly to a seat – do not stop to talk with others. Do not move the seats as they have been placed to meet government social distancing requirements. Remain in your seat for the duration of the meeting.

Leaving the Church Building

- At the conclusion of the meeting, please remain in your seat until you are dismissed.
- Once directed to leave, please exit immediately the same way you came in, keeping social distance.
- Upon leaving the building, please leave the area immediately - do not linger or socialize.

Cleaning Up

- Each meeting will need to identify volunteers to disinfect all frequently touched hard surfaces in the room (chairs, doorknobs, light switches) using the spray provided. Any frequently touched surfaces between the meeting room and the exit, the washroom closest to the meeting room, and the elevator (if used) should also be disinfected.

Links

- **Proper Use of a Face Mask:** https://www.youtube.com/watch?v=JqUt5S_JTBA&feature=youtu.be
- **Government of Ontario Public Health Covid-19 Self Assessment:** <https://covid-19.ontario.ca/self-assessment/>